Wordy noun constructions deflate the action.

Nominalization: Some examples:

<u>Verb</u> <u>Noun constructions (Nominalizations)</u>

He discovered The discovery by the explorer
He graded my paper The grading of the paper

Here's an example of how employing too many nominalizations can kill a perfectly good sentence:

The discovery of a new world by Columbus was originally flawed by the fact that he thought the Americas was India.

Columbus discovered a new world, but he didn't realize it at first: He thought he was landing in India.

Adapted from:

faculty.virginia.edu/schoolhouse/WP/.../lemaster.nominalizations-active.doc